

Week One

MONDAY

MAIN MEALS

Pasta Bar with Vegetable Bolognese or Cheese Sauce or Nut Free Pesto
Summer Vegetable Savoury Rice (v)
Fish Gumbo
Jacket Potato with Baked Beans, Cheese or Tuna Mayo
Sandwich with Tuna, Cheese or Ham

VEGETABLES/SIDES

Cauliflower
Peas

DESSERT

Fruit Flapjack with Custard

TUESDAY

MAIN MEALS

Pork and Apple Stuffing Bake
Vegetable Bolognese with Pasta (v)
Fish Pie with Crispy Potatoes
Jacket Potato with Baked Beans, Cheese or Tuna Mayo
Sandwich with Tuna, Cheese or Ham

VEGETABLES/SIDES

Tomatoes
Baked Beans

DESSERT

Blueberry and Lemon Sponge with Custard

WEDNESDAY

MAIN MEALS

Beef Stir Fry
Vegetable Enchilada (v)
Fish Finger Sandwich with Coleslaw
Sandwich with Tuna, Cheese or Ham

VEGETABLES/SIDES

Cucumber Raita
Broccoli

DESSERT

Honey Granola Yoghurt

THURSDAY

MAIN MEALS

Roast Gammon with Roast Potatoes and Gravy
Vegan Sausages with Mashed Potatoes and Gravy (v)
Tuna and Sweetcorn Pizza with Roast Potatoes
Jacket Potato with Baked Beans, Cheese or Tuna Mayo
Sandwich with Tuna, Cheese or Ham

VEGETABLES/SIDES

Carrots
Leeks

DESSERT

Raspberry and Coconut Crumble Slice with Custard

FRIDAY

MAIN MEALS

Fish and Chips
Cheese and Tomato Pizza with Chips (v)
Salmon Pinwheel with Chips
Jacket Potato with Baked Beans, Cheese or Salmon Mayo
Sandwich with Tuna, Cheese or Ham

VEGETABLES/SIDES

Peas and Sweetcorn
Baked Beans

DESSERT

Chocolate Crispy Cake with Custard



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